

Medical Center Locations

Orange County

Anaheim (Prenatal Services)

303 W. Lincoln Ave., #105

Costa Mesa (Prenatal Services)

601 W. 19th St.

Mission Viejo

26137 La Paz Rd., #200

Orange

700 S. Tustin St.

Santa Ana

1421 E. 17th St.

Westminster

14372 Beach Blvd.

San Bernardino County

San Bernardino

1873 Commercenter West

Upland

918 W. Foothill Blvd., #A

WIC Locations:

WIC Santa Ana

1134 E. 17th St.
714.973.2411

WIC Stanton

12600 Beach Blvd., #A
714.894.1271

WIC Costa Mesa

621 W. 19th St., #B
949.646.4002

To schedule an appointment, call:

Orange County

714.922.4100

San Bernardino County

909.890.5511

or visit www.pposbc.org

Have a question?

Get your reproductive health and family planning questions answered by a certified health educator.

Toll-free Hotline

877.4ME.2ASK (877.463.2275)

Online Hotline

www.plannedparenthoodCHAT.org

Text Hotline

53634 (Standard messaging fees apply)

Vision Statement

Every individual has the knowledge, freedom, and power to achieve optimal reproductive health.

Mission Statement

Planned Parenthood of Orange and San Bernardino Counties provides confidential, affordable, high-quality reproductive health care and fights for your fundamental right to determine your own destiny. We believe that respect and value for diversity in all aspects of our work are essential, and enable you to make responsible and informed choices through comprehensive, honest sex education and health information.

OPTIONS
OPTIONS
OPTIONS

Pregnancy Options Counseling



Planned Parenthood[®]
Orange and San Bernardino Counties

Planned Parenthood of Orange and San Bernardino Counties

has been providing comprehensive reproductive health services in your community for more than 40 years. Our trained medical professionals have the knowledge and experience to answer any questions you may have about the results of your pregnancy test.

In the case of a negative pregnancy test result, an experienced medical professional can discuss what steps you should take next. Depending on your circumstances, this may include a variety of contraceptive choices available at Planned Parenthood. A reliable birth control method is the best way to reduce the risk of an unwanted pregnancy, and our medical professionals are here to help.

If your pregnancy test result is positive, a Planned Parenthood medical professional can give the information and referrals needed to help you make your own decision about what to do next.

There is no right or wrong choice. Only you can decide which choice is right for you. As part of our commitment to the women we serve, Planned Parenthood offers counseling and education resources and referrals. If you have further questions, or to make an appointment, please call us at **714.922.4100** (Orange County) or **909.890.5511** (San Bernardino).



Q: My pregnancy test is positive. What are my choices?

A: Parenting, adoption, or abortion.

Parenting

If you have decided to continue the pregnancy, you should begin prenatal care as soon as possible. Planned Parenthood's prenatal services strive to make certain that you and your developing baby are healthy.

Prenatal care involves:

- Check-ups once or more each month throughout your pregnancy
- Tests to check your health and the health of your baby
- Nutritional guidance
- Information about where to get financial help, health insurance, and food assistance programs, such as those offered by Planned Parenthood WIC (Women, Infants, and Children).

Planned Parenthood can refer you to support services that help with pregnancy and parenting.

Adoption

If you do not feel prepared to raise a child and don't want to have an abortion, adoption is an alternative. The process includes continuing your pregnancy, delivering the baby, and giving the child to a couple or individual who wants to adopt the infant. Adoption can be arranged through a public or private agency, which often will help you with pregnancy-related expenses.

Abortion

If you are considering terminating the pregnancy, you should make your decision as soon as possible. Abortion is very safe, but the risks increase the longer a pregnancy continues.

Planned Parenthood offers medication or in-clinic surgical abortions. Planned Parenthood medical professionals are available to speak with you about both of these options.